

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.










The Family Resource Center is your source for infant, toddler and preschooler services and a variety of social and human services that help to build strong families.

Check us out! Have fun at one of our events, meet new friends, and share ideas about being a parent.

GILBERT FAMILY RESOURCE CENTER
 132 W. Bruce Ave.
 Gilbert, AZ, 85233
 Need help finding a service or getting diapers? ¿Necesita pañales o encontrar algún servicio?
 Contact/contacte a Jessie 480-428-5446 x201
 jessie@azcend.org



MARCH 2024 GILBERT FAMILY RESOURCE CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Scan me	INTERNATIONAL WOMEN'S DAY! 			1 BOOK GIVEAWAY 9:00-9:30AM PARENTING CLASS LOVE AND LOGIC IN PERSON 10:00-11:00 am Childcare provided
4 KITH & KIN PARENTING en ESPANOL FROM 10:00 –12:00 NOON CHILD CARE PROVIDED 	5 FIRST 5 YEARS VIRTUAL ENGLISH PARENTING CLASS 10:00-11:30 AM KITH & KIN PARENTING CLASS 10:00 –12:00 CHILD CARE PROVIDED DR. SEUSS DAY CELEBRATION 1:00-3:00pm	6 PLAY TIME FOR TODDLERS 9:00-10:00 am RAISING A READER 10:30 –11:30AM CHILD CARE PROVIDED 	7 STORY TIME 9:30-10:00AM CRAFT TIME/ MANUALIDADES 10:00-11:00AM LUNCH * LEARN Emotional Regulation 11:30-12:30PM	8 PARENTING CLASS LOVE AND LOGIC IN PERSON 10:00-11:00 am Childcare provided CAFECITO 11:15AM - 12:30PM 
11 KITH & KIN PARENTING en ESPANOL FROM 10:00 –12:00 NOON CHILD CARE PROVIDED	12 KITH & KIN PARENTING CLASS 10:00 –12:00 CHILD CARE PROVIDED 	13 STORY TIME 9:30-10:00AM DANCE & DISCOVERY CLASS 10:00-11:00 AM CLASE DE SALUD PARA MUJERES 11:30-12:30 PM	14 KITCHEN TIME 9:30-10:30 AM SCIENCE FOR KIDS 10:30-11:30 AM	15 PARENTING CLASS LOVE AND LOGIC IN PERSON 10:00-11:00 am Childcare provided MOMMY AND ME PLAY DATE 11:15-12:30PM
18 KITH & KIN PARENTING en ESPANOL FROM 10:00 –12:00 NOON CHILD CARE PROVIDED 	19 FIRST 5 YEARS VIRTUAL ENGLISH PARENTING CLASS 10:00-11:30 AM KITH & KIN PARENTING CLASS 10:00 –12:00 CHILD CARE PROVIDED	20 PLAY TIME 9:00-10:00 am RAISING A READER 10:30 –11:30AM CHILD CARE PROVIDED	21 ART AND CULTURE 9:00-10:00 AM STORY TIME 10:00-10:30AM READING BLOCKS FOR KIDS 10:30 - 11:30AM	22 PARENTING CLASS LOVE AND LOGIC IN PERSON 10:00-11:00 am Childcare provided 
25 KITH & KIN PARENTING en ESPANOL FROM 10:00 –12:00 NOON ZUMBINI 10:00 –11:00 AM	26 FIRST 5 YEARS VIRTUAL ENGLISH PARENTING CLASS 10:00-11:30 AM KITH & KIN PARENTING CLASS 10:00 –12:00 CHILD CARE PROVIDED	27 MATH FOR MINIS 9:00-10:00AM RAISING A READER 10:30 –11:30AM CHILD CARE PROVIDED	28 KITCHEN TIME 9:00-10:00 AM SENSORY TIME 10:00- 11:00 AM LUNCH * LEARN Routines 11:30-12:30PM	29 CRAFT TIME/ MANUALIDADES 10:00-11:00 AM 

Class Descriptions—Descripción de las clases

Story Time —Bilingual-Bilingüe — In person-En persona

Story Time: Join us for stories and fun! Introduce your child to the wonderful world of books and make new friends. When we read to our children, we encourage active participation, increase verbal proficiency, encourage use of imagination and creativity, and more.
¡Acompáñenos en la aventura de la lectura! Introduzca a su hijo al maravilloso mundo de los libros y que conozca a otros niños. Al contarle cuentos a los niños estimulamos la imaginación y la creatividad, favorecemos la memoria y desarrollamos habilidades lingüísticas.

Clase de Salud Para La Mujer || Womens Health Class —Bilingual-Bilingüe — In person-En persona

In the month of March we want to honor and help women take care of their overall health. Please join us as we have a Certified Doula, Traditional Birth Attendant & Birth Assistant Coordinator that will teach about womens health issues and how to continue to take care of your health
En el mes de marzo queremos honrar y ayudar a las mujeres a cuidar de su salud en general. Por favor, acompáñenos con una Doula Certificada, Asistente de Parto Tradicional y Coordinadora de Asistentes de Parto que enseñaran sobre temas de salud de la mujer y como continuar cuidando de su salud.

Lunch & Learn || Lonche y Aprender —Bilingual-Bilingüe — In person-En persona

Lunch & Learn is a one hour class inviting parents, caretakers, and community workers in to learn about how help your children or the children you work with to regulate their emotions. We will give you tools and how to help your child when they are having emotional breakdowns
Our Class on **3/28** will help go over routines and the value of creating routines for you and your family. Childcare will be provided for both classes.

Dance & Discovery || Bailar & Aventura—Bilingual-Bilingüe — In person-En persona

This class we will sing, dance and play with our children to help them learn and grow. We will go on an adventure through reading and help our children build their imagination. Come join in us as we dance and discover!
En esta clase cantaremos, bailaremos y jugaremos con nuestros hijos para ayudarles a aprender y crecer. Nos embarcaremos en una aventura a través de la lectura y ayudaremos a nuestros hijos a desarrollar su imaginación. Ven y disfruta con nosotros bailando y explorando!

Cafecito —Bilingual-Bilingüe — In person-En persona

Cafecito: Join us for some light refreshments this month we will be Celebrating International Womens Day with one of our parents teaching an art class. Everyone is welcomed to participate

Este mes celebraremos el Día Internacional de la Mujer con una clase de arte impartida por una de nuestras Mamás. Todos están invitados a participar.

Kitchen Time || Tiempo de cocina —Bilingual-Bilingüe — In person-En persona

Kitchen Time: Starting to cook with your children is a great way to begin teaching vital skills, such as critical thinking, creativity and collaboration, motor skills, math and reading. These will be very simple culinary adventures the whole family can enjoy.

Tiempo de cocina: Empezar a cocinar con tus hijos es una forma estupenda de empezar a enseñarles habilidades vitales, como el pensamiento crítico, la creatividad y la colaboración, la capacidad motriz, las matemáticas y la lectura. Serán aventuras culinarias muy sencillas que podrá disfrutar toda la familia.

Zumbini—In person-En persona

Zumbini is Created by Zumba® and BabyFirst for kids ages 0-3, the Zumbini® program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun! The Zumbini™ program is where the science of child development meets the magic of Zumba®! Designed for children 0 to 3 years old and their caregivers, the Zumbini™ program takes little ones on their first steps toward an active, musical life. Together, adults and their young children wiggle, sing, and learn, for the ultimate bonding experience!

Science For Kids—Bilingual-Bilingüe — In person-En persona

Science for kids is a way to expose your children to explore their environment and learn the fundamentals of science.

La ciencia para niños es una forma de que sus hijos exploren su entorno y aprendan los fundamentos de la ciencia.

Art & Culture || Arte Y Cultura —Bilingual-Bilingüe — In person-En persona

This class is meant to learn more about culture while creating art, class is for all ages
Esta clase está destinada a aprender más sobre la cultura, mientras que la creación de arte, la clase es para todas las edades

Sensory Time || Tiempo de Sensorial —Bilingual-Bilingüe — In person-En persona

Come with your kids and learn about the five senses through play, as a reminder to parents please come prepared for your kids to get messy!

Ven con tus hijos y aprende sobre los cinco sentidos a través del juego, como recordatorio a los padres, por favor, ¡venid preparados para que sus hijos se ensucien!

You must complete a parenting education series between January 2024 - September 1st, 2024 in order to qualify for Operation Santa registration in September 2024.

Deberá completar una serie de escuela para padres entre 1 de enero de 2024 y septiembre 1 de 2024 para poder calificar para el registro de Operación Santa en septiembre del 2024.

WHAT ELSE DO WE OFFER?

- Diaper Assistance
- Baby Food
- Baby Items
- Community Resources



¿QUÉ MÁS OFRECEMOS?

- Asistencia Para Pañales
- Comida Para Bebé
- Artículos Para Bebe
- Recursos de la Comunidad

