

MAY 2023

GILBERT FAMILY RESOURCE CENTER

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

The Family Resource Center is your source for infant, toddler and preschool services and a variety of social and human services that help to build strong families.

Check us out! Have fun at one of our events, meet new friends, and share ideas about being a parent.

GILBERT FAMILY RESOURCE CENTER
132 W. Bruce Ave.
Gilbert, AZ, 85233

Need help finding a service or getting diapers? ¿Necesita pañales o encontrar algún servicio?

Contact our Family Resource Coordinator if you have any questions /
Dudas:
Jessica: 480-428-5446



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 #4 S.T.E.P. English/In person 10:00-11:30 am	4 #8 STORY SCHOOL In Person-En persona 10 am—11 am UofA Nutrition In person/English 4:00-5:00pm	5 SENSORY TIME In person/en persona 10:00-11:00 am
8 	9 #9 STORY SCHOOL In Person-En persona 10 am—11 am	10 #5 S.T.E.P. English/In person 10:00-11:30 am	11 #10 STORY SCHOOL In Person-En persona 10 am—11 am UofA Nutrition In person/English 4:00-5:00pm	12 Come Craft with Me In person/en persona 9:30-10:30 am MUJERES EN CONEXION En persona 11:00-12:00 pm
15 	16 #11 STORY SCHOOL In Person-En persona 10 am—11 am	17 #6 S.T.E.P. English/In person 10:00-11:30 am	18 #12 STORY SCHOOL 10 am—11 am 4th Trimester In person/en persona 11:30—12:30 pm UofA Nutrition In person/English 4:00-5:00pm	19 
22 PLAYTIME English/In person 10:00—11:00 Am	23 ZUMBINI In Person-En persona 10 am—11 am	24 #7 S.T.E.P. English/In person 10:00-11:30 am	25 Mindful Me 11:30-12:00 pm UofA Nutrition In person/English 4:00-5:00pm	Registration link 
29 CLOSED  Memorial Day	30 CAFECITO English/In person 11:00—12:00 pm	31		

Class Descriptions—Descripción de las clases

Zumbini—In person-En persona

Zumbini is created by Zumba® and BabyFirst for kids ages 0-3, the Zumbini® program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun! The Zumbini™ program is where the science of child development meets the magic of Zumba®! Designed for children 0 to 3 years old and their caregivers, the Zumbini™ program takes little ones on their first steps toward an active, musical life. Together, adults and their young children wiggle, sing, and learn, for the ultimate bonding experience!

Come Craft with Me || Manualidades —Bilingual-Bilingüe — In person-En persona

When we make a craft: We develop creativity and imagination. We develop concentration, patience, and perseverance. It helps increase self-esteem and self-confidence.

Quando elaboramos una manualidad: Desarrollamos la creatividad y la imaginación. Desarrollamos la concentración, la paciencia y la perseverancia. Aumentamos la autoestima y la autoconfianza

Kitchen Time || Tiempo de cocina -Bilingual--In person-En persona

Starting to cook with your children is a great way to begin teaching vital skills, such as critical thinking, creativity and collaboration, motor skills, math and reading. These will be very simple culinary adventures the whole family can enjoy.

Empezar a cocinar con tus hijos es una forma estupenda de empezar a enseñarles habilidades vitales, como el pensamiento crítico, la creatividad y la colaboración, la capacidad motriz, las matemáticas y la lectura. Serán aventuras culinarias muy sencillas que podrá disfrutar toda la familia.

Mindful Me—In person-En persona

In this class, the power of mindfulness, art and yoga to free the mind and provide respite to those feeling overwhelmed and under resourced.

En esta clase, el poder de la atención plena, el arte y el yoga para liberar la mente y dar un respiro a quienes se sienten abrumados y con pocos recursos.

4th Trimester East Valley Village/English only—In Person

Join the Village in these monthly meetings where you meet other parents and share stories. You will also discuss several , helpful parenting topics.

You must complete a parenting education series between January 1st, 2023 - August 31st, 2023 in order to qualify for Operation Santa 2023.

Deberá completar una serie de escuela para padres entre enero 1 de 2023 y Agosto 31 de 2023 para poder calificar para el registro de Operación Santa 2023.

FAMILY RESOURCE WEBPAGE || SITIO WEB DE RECURSOS FAMILIARES

scan with your phone to check out our webpage!
Escanee con su teléfono para ver nuestra sitio web.



WHAT ELSE DO WE OFFER?

- Diaper Assistance
- Baby Food
- Baby Items
- Community Resources

¿QUÉ MÁS OFRECEMOS?

- Asistencia Para Pañales
- Comida Para Bebé
- Artículos Para Bebe
- Recursos de la Comunidad