



JULY 2021

GILBERT FAMILY RESOURCE CENTER

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

The Family Resource Center is your source for infant, toddler and preschooler services and a variety of social and human services that help to build strong families.

Check us out! Have fun at one of our events, meet new friends, and share ideas about being a parent.

AZCEND Family Resource Center
132 W. Bruce Ave.
Gilbert, AZ, 85233

Need help finding a service or paying for diapers?

Jennifer 480-428-5446 ext 104

Contact our Family Resource Coordinator with any questions:
Vanessa 480-428-5446 ext 100

Pregunats? Communique con:
Jennifer 480-428-5446 ext 104

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>Please Note: All July classes are being held online Nota: Todas las clases de julio se imparten en línea</p> | | | <p>1 #2 Healthier Living 10:30am-1pm</p> | <p>2  FamilyResourceAZ.org</p> |
| <p>5 4TH OF JULY  INDEPENDENCE DAY</p> | <p>6 Structure 5:30pm-7pm</p> | <p>7 Structure 5:30pm-7pm</p> | <p>8 Structure 5:30pm-7pm #3 Healthier Living 10:30am-1pm</p> | <p>9 Musicology 10am-11 am</p> |
| <p>12 Story Time 10am-10:30am</p> | <p>13 Setting up Routines and Schedules 5:30pm-7pm</p> | <p>14 #1 Brain Time 9am-10am Setting up Routines and Schedules 5:30pm-7pm</p> | <p>15 #1 S.T.E.P 10am-11:30am #4 Healthier Living 10:30am-1pm Setting up Routines and Schedules 5:30pm-7pm</p> | <p>16 Musicology 10am-11 am </p> |
| <p>19 Story Time 10am-10:30am</p> | <p>20 Time Management 5:30pm-7pm</p> | <p>21 #2 Brain Time 9am-10am Time Management 5:30pm-7pm</p> | <p>22 #2 S.T.E.P 10am-11:30am #5 Healthier Living 10:30am-1pm Time Management 5:30pm-7pm</p> | <p>23 Musicology 10am-11 am First Teeth First; Salud Bucodental 9am-10am</p> |
| <p>26 Story Time 10am-10:30am</p> | <p>27 </p> | <p>28 #3 Brain Time 9am-10am</p> | <p>29 #3 S.T.E.P 10am-11:30am #6 Healthier Living 10:30am-1pm</p> | <p>30 </p> |





CLASS DESCRIPTIONS || DESCRIPCIONES DE CLASES



Structure - English

Parents will learn about how establishing structure with their little ones can make the transition into school less stressful, discuss areas of the home to organize for play, academics/reading, eating, family gatherings, and learn how these steps may look in a preschool class as well as kindergarten and higher.

Setting up Routines and Schedules - English

Parents will learn how to help children understand the reasoning for routines and schedules through activities that will help with fine motor skills, eye-hand coordination, and responsibility. Parents will also have the chance to create their own schedule and learn how this will align with the expectations for preschool, kindergarten, and further.

Time Management - English

Parents will be shown visuals as to how this skill applies to young children, how time management is demonstrated in schools, and given the opportunity to create their own seasonal board. Dr. Gettings will also talk to the families about introducing estimating time, setting priorities for the older children, and responsible decision-making skills.

Musicology - Bilingual; Bilingüe

Musicology is an enhanced music program designed specifically for new-borns through 5-year olds. Classes are divided into specific developmental age groups which promote language, rhythm, motor skills, self-esteem, creativity and joy!

Musicology es un programa de música diseñado específicamente para recién nacidos hasta los 5 años. Las clases se dividen en grupos específicos de edad de desarrollo que promueven el lenguaje, el ritmo, las habilidades motoras, la autoestima, la creatividad y la alegría.

Story Time - Bilingual; Bilingüe

Story Time is back every Monday morning! Come enjoy a new book and fun craft every week provided and read by the Chandler Public Library.

¡Story Time regresa los Lunes por la mañana! Venga a disfrutar de un libro nuevo y manualidades divertidas cada semana que le proporciona y lee la Biblioteca Pública de Chandler!

Brain Time - English; Ingles

Brain Time© is a fun, interactive setting where parent/caregiver and child learn together. This workshop is taught in three sessions and follows a basic library style story time' format, and includes one-on-one time for the parent/caregiver and child. For children 0-18 months

S.T.E.P - English; Inglés

Systematic Training for Effective Parenting for children 0-5. The Early Childhood S.T.E.P. workshop series will include learning about the intentions behind children's behavior and how healthy child development can influence positive behaviors. Parents will also gain skills to help communicate effectively with their child.

First Teeth First; Salud Bucodental - Espanol; Spanish

Durante este taller de un día, los padres aprenderán sobre: Importancia de la salud bucodental de los bebés y niños pequeños; Proceso, factores de riesgo y consecuencias de las bacterias y la caries dental; Nutrición; Información para las revisiones dentales personales de Zoom. La presentación será en español por Olga De La Torre, Supervisora de First Teeth First.

