



Gilbert Family Resource Center: Class & Activity Calendar



AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

The Family Resource Center (FRC) is your source for infant, toddler and preschooler services and a variety of social and human services that help to build strong families.

Check us out! Have fun at one of our events, meet new friends, and share ideas about being a parent. Need help finding a service or paying for diapers? Contact our friendly FRC Navigator for all your parenting needs: Jennifer, Gilbert FRC (480) 428-5446 Ext. 104

AZCEND at the Heritage Center
132 W. Bruce Ave. Gilbert, AZ 85233
 Questions? Please contact Vanessa
 480-428-5446 ext. 100
 vanessa@azcend.org

Preguntas? Comuníquese con
 Jennifer al 480-428-5446 ext. 104
 jennifer@azcend.org



FamilyResourceAZ.org

Turn over for class information.

Voltear para información sobre clases.

Mon	Tue	Wed	Thu	Fri	Sat
				<u>1</u> CLOSED 	<u>2</u>
<u>4</u> 	<u>5</u> #1 Español S.T.E.P. Video Conferencia 1 PM-2:30 PM	<u>6</u> Triple P- Positive Parenting (#1) on Zoom 10 AM - 12 PM	<u>7</u> 	<u>8</u>	<u>9</u>
<u>11</u>	<u>12</u> #2 Español S.T.E.P. Video Conferencia 1 PM-2:30 PM	<u>13</u> Triple P- Positive Parenting (#2) on Zoom 10 AM - 12 PM	<u>14</u>	<u>15</u> #1 Musicology Video Class on Zoom 10 AM - 11 AM 	<u>16</u> First Five Years Video Conference (#1) 9:30 AM–11:30 AM
<u>18</u> CLOSED 	<u>19</u> #3 Español S.T.E.P. Video Conferencia 1 PM-2:30 PM	<u>20</u> Triple P- Positive Parenting (#3) on Zoom 10 AM - 12 PM 	<u>21</u> 4th Trimester AZ Community Gathering 10 AM - 11:30 AM * Please see back for description.*	<u>22</u> #2 Musicology Video Class on Zoom 10 AM - 11 AM	<u>23</u> First Five Years Video Conference (#2) 9:30 AM–11:30 AM
<u>25</u>	<u>26</u> #4 Español S.T.E.P. Video Conferencia 1 PM-2:30 PM	<u>27</u> Triple P- Positive Parenting (#4) on Zoom 10 AM - 12 PM	<u>28</u>	<u>29</u> #3 Final Musicology Video Class on Zoom 10 AM - 11 AM	<u>30</u> First Five Years Video Conference (#3) Final 9:30 AM–11:30 AM

4th Trimester AZ Community Gathering Ask us how to join in on this great zoom event. Amazing guests are invited to share their area of expertise with the families of 4th Trimester Arizona. The heart of 4th Trimester Arizona's mission is to share experiences with others so parents know that they do not have to do it alone. At their monthly Community Gatherings they discuss a variety of topics that raise awareness about the postpartum period, explore what families need to thrive, share resources, services or connection opportunities for families. Mothers, fathers, grandparents, caregivers, healthcare workers and anyone who works with or for families are welcome to attend! You've heard it takes a village to raise a child...Join your village!

Musicology Video Class on Zoom * Class information will be shared once registration is complete.* Programming is live and cannot be viewed outside the scheduled session. Music program designed for newborns-5-year olds. Promotes language, rhythm, motor skills, self-esteem, creativity & joy!

Español S.T.E.P. Video Conferencia - Video Conferencia a través de Zoom. Esta serie de 8 sesiones, enfatiza las relaciones positivas entre padre-hijo. Los padres aprenderán a fomentar comportamientos positivos al proveer un ambiente consistente y amoroso. Los temas incluyen: Desarrollo Infantil y Cerebral, Entendiendo el Comportamiento de los Niños Pequeños, Desarrollando la Autoestima, Comunicación Familiar, Ayudando a que los Niños Cooperen, Disciplina Positiva, Desarrollo Social y Emocional. Alojado en Zoom y requiere capacidades de video. La información de la reunión se compartirá una vez que se complete el registro. * La programación es en vivo y no se puede ver fuera de la sesión programada.

First Five Years Workshop -This 3-session series helps parents with children ages birth to 5 nurture their child with a 'just right' combination of freedom and positive discipline.

Triple P-Positive Parenting Program * Triple P knows all families have different needs. In this 8 week session parents are given tips & tricks for positive parenting.

