

January 2020

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

The Family Resource Center offers families information, a variety of classes & workshops to support parents & families. Child Watch is available for parents/caregivers during most classes & workshops.

Emergency Diaper Assistance is also available.

AZCEND at the Heritage Center
132 West Bruce Avenue
Gilbert, AZ 85233

Questions? Please contact Vanessa
480-428-5446 ext. 100
vanessa@azcend.org

Para español, comuníquese con
Jennifer al 480-428-5446 ext. 104
jennifer@azcend.org



Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>Closed</u>	2 <u>Story Time Craft & Snack</u> "Just For You" 5 PM-6:30 PM	3	4
6 <u>Baby Story Time</u> "Bear Snores On" 11 AM	7 <u>Story Time @ HD South</u> "Dream You'll Be" 2:45 PM - 3:45 PM	8 <u>Free Immunization Clinic- Dignity Health</u> 2 PM-4 PM	9 <u>Story Time Craft & Snack</u> "All By Myself" 5 PM-6:30 PM	10	11 <u>Free Play</u> 9 AM-11 AM <u>Bricks 4 Kidz</u> 9:30 AM-10:30 AM
13 <u>Baby Story Time</u> "A Color of His Own" 11 AM	14 <u>Primeros Cinco Años</u> 9:30 - 11:00 AM <u>Story Time @ HD South</u> "Pete the Cat Checks Out the Library" 2:45 PM - 3:45 PM <u>Triple P- Positive Parenting</u> 5:30 PM - 7:30 PM	15 <u>Experiencias de la Ninez Adversos</u> 2 PM-4 PM <u>Free Immunization Clinic- Dignity Health</u> 2 PM-4 PM	16 <u>Story Time Craft & Snack</u> "When I Get Bigger" 5 PM-6:30 PM <u>First Five Years Workshop</u> 5:30 PM-7 PM	17	18
20 <u>Closed</u>	21 <u>Primeros Cinco Años</u> 9:30 - 11:00 AM <u>Story Time @ HD South</u> "Down By The Cool of the Pool" 2:45 PM - 3:45 PM <u>Triple P- Positive Parenting</u> 5:30 PM - 7:30 PM	22 <u>Free Immunization Clinic- Dignity Health</u> 2 PM-4 PM	23 <u>Story Time Craft & Snack</u> "I Just Forgot" 5 PM-6:30 PM <u>First Five Years Workshop</u> 5:30 PM-7 PM	24	25 <u>First Five Years Workshop</u> 10 AM - 11:30 AM
27 <u>Baby Story Time</u> "Mr. Brown Can Moo! Can You?" 11 AM	28 <u>Primeros Cinco Años</u> 9:30 - 11:00 AM <u>Story Time @ HD South</u> "Dragons Love Tacos" 2:45 PM - 3:45 PM <u>Triple P- Positive Parenting</u> 5:30 PM - 7:30 PM	29 <u>Free Immunization Clinic- Dignity Health</u> 2 PM-4 PM	30 <u>"V.I.T.A."</u> Volunteer Income Tax Assistance 3:00 PM - 8:00 PM <u>Story Time Craft & Snack</u> "I Was So Mad" 5 PM-6:30 PM <u>First Five Years Workshop</u> 5:30 PM-7 PM	31	

Baby Story Time-Join us for Baby Story Time followed up by open play to promote socialization!

Bricks 4 Kidz -This workshop uses LEGO's to create models based on the ABC's and the fundamentals of S.T.E.M.

Experiencias de la Niñez Adversos -Saber los efectos del trauma de la niñez y como afecta la salud del adulto, y cómo mantener a los niños seguros y saludables.

First Five Years Workshop -This 4-session series helps parents with children ages birth to 5, nurture their child with a 'just right' combination of freedom and positive discipline.

Free Immunization Clinic -For uninsured and under-insured adults & children. Children on AHCCCS, Native American/Alaska Native also eligible. \$15 Administration fee per adult requested, but not required. Schedule subject to change, please call hotline to confirm:English:480-728-2004 Spanish:480-728-3777.

Primeros Cinco Años - Venga a explorar información sobre el desarrollo del cerebro en la primera infancia, cómo evitar los berinches, técnicas para calmar al niño, y cómo prepararse para la escuela. Esta serie de cuatro sesiones está destinada a padres con hijos de 0 a 5 años. El objeto es ayudarles a criar al niño con una combinación 'justa' de libertad y disciplina positiva.

Story Time @HD South Attention All Caregivers: ***New Time*** Please join us for a quick story-time , craft and snack after school, before heading home! Plus have the opportunity to tour and enjoy the Gilbert museum, at no cost! Learn about the fun and interesting history of Gilbert, all while giving the children (and you) a little break from the after school routine.

Story Time Craft & Snack- Please join us for our fun themed story time events! Interactive craft making with your kids & a snack. Join us this month for "*Just a Little Critter Collection* " All month long, each Thursday, we will discover another, different adventure with Critter.

Triple P – Positive Parenting Program® -Triple P knows all families have different needs. In this 8 week session parents are given tips & tricks for positive parenting.

V.I.T.A. -The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$56,000 or less who need assistance in preparing their own tax returns. IRS-certified volunteers provide free income tax return preparation with electronic filing to qualified individuals.

V.I.T.A.- El programa de Asistencia Voluntaria a los Impuestos sobre la Renta (VITA) ofrece ayuda tributaria gratuita a las personas que generalmente ganan \$ 56,000 o menos y que necesitan asistencia para preparar sus propias declaraciones de impuestos. Los voluntarios certificados por el IRS brindan preparación gratuita de la declaración de impuestos con declaraciones electrónicas a personas calificadas.