

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including providing food boxes, rental & utility assistance, & case management.

The Family Resource Center provides families with information, a variety of classes & workshops to support parents & families. Child Watch is available for parents/caregivers during most classes & workshops.

Emergency Diaper Assistance is also available.

AZCEND at the Heritage Center
132 West Bruce Avenue
Gilbert, AZ 85233

Questions? Please contact Vanessa
480-428-5446 ext100
vanessa@azcend.org

Para español comuníquese con
Jennifer al 480-428-5446 ext. 104

Mon	Tue	Wed	Thu	Fri	Sat
1	2 Spanish Nurturing Parenting 10-11:30am Story Time at HD South 10-11am	3 Triple P- Positive Parenting 9:30-11:30am	4 VITA- Volunteer Income Tax Assistance 3-7pm Interactive Play 5-7pm	5 Musicology 10-11am	6
8	9 Spanish Nurturing Parenting 10-11:30am Story Time at HD South 10-11am	10 Triple P- Positive Parenting 9:30-11:30am	11 VITA- Volunteer Income Tax Assistance 3-7pm Interactive Play 5-7pm	12 Musicology 10-11am	13 Interactive Play 9-11am Bricks 4 Kidz 9:30-10:30am
15	16 Spanish Nurturing Parenting 10-11:30am Story Time at HD South 10-11am	17 Triple P- Positive Parenting 9:30-11:30am	18 Interactive Play 5-7pm	19 CLOSED	20
22	23 Spanish Nurturing Parenting 10am- 11:30am Story Time at HD South 10-11am Child Development 2-4pm	24 Dignity Health Understanding Prediabetes & Diabetes 9-11am	25 Interactive Play 5-7pm	26 Musicology 10-11am	27
29	30 Spanish Nurturing Parenting 10-11:30am Story Time at HD South 10-11am	Child Development An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11.		Musicology A music program designed specifically for newborns through 5-year olds. Classes promote language, rhythm, motor skills, self-esteem, creativity & joy!	
	Interactive Play Play time for parents/caregivers & children of all ages! Free refreshments, games, art, & fun!				

Story Time at HD South Home of the Gilbert Historical Museum
**Located at 10 S. Gilbert Rd.

Bricks 4 Kidz
This workshop uses LEGOs to create models based on the ABC's and the fundamentals of S.T.E.M.



Nurturing Parenting Español
Nurturing Parenting es una clase/serie de 16 sesiones. Todos los talleres son gratis y están dirigidos a padres y cuidadores de niños menores de 5 años.

Interactive Play
Play time for parents/caregivers & children of all ages! Free refreshments, games, art, & fun!

Triple P – Positive Parenting Program®
In this 8 week session parents are given tips & tricks for positive parenting.

Child Development

An overview of developmentally appropriate physical, cognitive, social and emotional milestones from birth to 11.

Musicology

A music program designed specifically for newborns through 5-year olds. Classes promote language, rhythm, motor skills, self-esteem, creativity & joy!

Understanding Prediabetes & Diabetes

This free 2 hour workshop will help you to understand the risk factors for diabetes, explain prediabetes, and the progression of diabetes. Learn tips to help you eat healthy and manage your blood sugar control.

